



# LIFE MANAGEMENT ASSOCIATES, LLC

## CLIENT FINANCIAL INFORMATION, FINANCIAL AGREEMENT & INSURANCE COMPANY RELEASE

**NEW CLIENT FINANCIAL INFORMATION:** *In order to fill out the form completely, you will need to have a copy of your insurance card(s), the subscriber's date of birth, and the subscriber's social security number. The client's social security number and date of birth are also required regardless of age, for insurance company identification purposes. For your protection, we are requiring photo ID for the client, parent or guardian at the time of the initial appointment.*

Client Name (First) \_\_\_\_\_ (MI) \_\_\_\_\_ (Last) \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
SS#: \_\_\_\_-\_\_\_\_-\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender M \_\_\_ F \_\_\_  
Home #: (\_\_\_\_) \_\_\_\_-\_\_\_\_ Work #: (\_\_\_\_) \_\_\_\_-\_\_\_\_ Cell #: (\_\_\_\_) \_\_\_\_-\_\_\_\_

**If you do not have or you do not wish to use insurance coverage, please skip to the Responsible Party for Payment section.**

### PRIMARY INSURANCE

***We must have a copy of this insurance card, or we may not be able to bill the insurance carrier properly.***

Name of Insurance: \_\_\_\_\_ Phone #: (\_\_\_\_) \_\_\_\_-\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Subscriber's Name (First) \_\_\_\_\_ (MI) \_\_\_\_\_ (Last) \_\_\_\_\_  
SS#: \_\_\_\_-\_\_\_\_-\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Relationship to Client: Self  Spouse  Parent/Legal Guardian  Other  *specify:* \_\_\_\_\_  
Insured Through: Self  EAP  EAP Name: \_\_\_\_\_ Employer  Employers Name: \_\_\_\_\_  
ID Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

### SECONDARY INSURANCE

***We must have a copy of this insurance card, or we may not be able to bill the insurance carrier properly.***

Name of Insurance: \_\_\_\_\_ Phone #: (\_\_\_\_) \_\_\_\_-\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Subscriber's Name (First) \_\_\_\_\_ (MI) \_\_\_\_\_ (Last) \_\_\_\_\_  
SS#: \_\_\_\_-\_\_\_\_-\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Relationship to Client: Self  Spouse  Parent/Legal Guardian  Other  *specify:* \_\_\_\_\_  
Insured Through: Self  Employer  Employers Name: \_\_\_\_\_  
ID Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

### RESPONSIBLE PARTY FOR PAYMENT

*If different from client*

Client Name (First) \_\_\_\_\_ (MI) \_\_\_\_\_ (Last) \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
SS#: \_\_\_\_-\_\_\_\_-\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Home #: (\_\_\_\_) \_\_\_\_-\_\_\_\_ Work #: (\_\_\_\_) \_\_\_\_-\_\_\_\_ Cell #: (\_\_\_\_) \_\_\_\_-\_\_\_\_  
Relationship to Client: Spouse  Parent/Legal Guardian  Other  *specify:* \_\_\_\_\_



# LIFE MANAGEMENT ASSOCIATES, LLC

## CLIENT FINANCIAL INFORMATION, FINANCIAL AGREEMENT & INSURANCE COMPANY RELEASE

### FINANCIAL AGREEMENT

To make sure we are operating on the same agreement regarding sessions, we have defined the following guidelines. Once you have agreed upon an appointment time, you are responsible for that time. **If you foresee that you cannot keep the appointment time, you will need to give us at least a 24-hour cancellation notice or you will be charged for the time.** Medical emergencies are acceptable for short notice (please call our office and leave a message if you have a medical emergency cancellation).

Our fees are fair and competitive. Here are our standard rates:

- Initial Evaluation: \$225.00
- Individual Psychotherapy, 38-52 minutes: \$150.00
- Individual Psychotherapy, 53+ minutes: \$225.00
- Couples or Family Psychotherapy, 38-52 minutes: \$150.00
- Couples or Family Psychotherapy, 53+ minutes: \$225.00
- Group Psychotherapy, 38-52 minutes: \$75.00

Full payment is due at the time of service, unless we are a participating member with your insurance plan. Insurance coverage is a contract between you and your insurance company. It is your responsibility to know and understand the limitations on your plan's coverage. In some cases, we may be a party to this contract. Please ask if we are a participating member with your insurance plan. If we are not, reduced benefits, in addition to deductibles and copays may apply. Your copayment is due at the beginning of each session. Fees will vary with the type of services provided. Cash, credit card, or check is accepted. Please make checks payable to Life Management Associates, LLC. Our service charge for returned items is \$55. We will handle your claim according to our agreement with your insurance company. You must notify us of any changes in your coverage within 15 days of the change. We will not become involved in disputes between you and your insurance company (i.e., deductibles, co-payments, coverage changes, secondary insurance) other than to supply factual information as necessary. You are responsible for all non-contractual fees unpaid by your insurance company.

### IMPORTANT INSURANCE QUESTIONS

- Is this referral through an EAP? No  Yes
- Does your company use an employee assistance program EAP? No  Yes
- Does your policy cover individual counseling? No  Yes
- Does your policy cover family counseling? No  Yes
- Does your policy cover couples counseling? No  Yes
- Do you have to get prior authorization for counseling? No  Yes 
  - If so, how do I go about getting authorization?
- Are there a maximum number of sessions covered per year? No  Yes 
  - If yes, what is the limit? \_\_\_\_\_
- Does your counselor have to be a provider with your company in order for your sessions to be covered? No  Yes
- Do you have to get a referral from your primary care physician for counseling? No  Yes
- How much of your deductible have you met at this time? \$ \_\_\_\_\_ of \$ \_\_\_\_\_
- What is your benefit year? Calendar Year  Fiscal Year
- What is your financial responsibility (i.e., co-pay, co-insurance) after your deductible has been met? \$ \_\_\_\_\_/per session.

### COLLECTION

**Timely payment is expected.** In the event that your balance goes unpaid, for 120 days, we will turn your account over to a collection agency. Any fees incurred by us to collect on your bill will be your added responsibility. Please direct all billing inquiries to our billing staff at (406) 782-4778.

### AUTHORIZATION & INSURANCE COMPANY RELEASE OF INFORMATION

I/We hereby authorize Life Management Associates, LLC to disclose to my/our insurance company(s), listed above, only the following information: patient name, date(s) of service, service(s) provided, and diagnosis, to be used for the purpose of insurance evaluation and reimbursement, unless otherwise specified in a separate authorization to disclose additional clinical information.

This information will be disclosed to the above insurance company from records whose confidentiality is protected by Montana and/or federal law. These regulations prohibit the above insurance company from making any further disclosure of this information without prior written consent. I/We understand that I/we have no obligation whatsoever to disclose any information from my/our record. I/We understand that I/we may revoke this consent at any time by notifying Life Management Associates, LLC or the above-noted person, organization, or agency, in writing and/or by specifying an event or condition upon which my/our consent will expire without revocation. I/We have read or had this form read and explained to me and I/we understand its contents.

I/We have completed the above to the best of my/our ability and fully understand the importance of this relationship. I/We have reviewed the terms in the document, and agree to abide by the terms as outlined for services provided by Life Management Associates, LLC. With my/our signature I/we give my/our consent to Life Management Associates, LLC, to provide the necessary information for any and all billing of the services rendered.

\_\_\_\_\_  
Responsible Party for Payment Signature

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Legal Guardian Signature *mandatory if client is a minor*

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date

\_\_\_\_\_  
Representative of Life Management Associates, LLC

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date



# LIFE MANAGEMENT ASSOCIATES, LLC

## Financial Policy

We are committed to providing the community with quality mental health services in a warm, friendly, economical, service-oriented environment. It is important to our professional relationship that you have a clear understanding of our financial policy. We are pleased to discuss our fees and answer any questions about this policy at any time.

### **WE DO NOT NEGOTIATE SETTLEMENTS ON DISPUTED CLAIMS**

Following services rendered, we will submit charges to your insurance company, and will accept assignment of benefits. Please be aware of your coverage, benefits, and eligibility. Please be aware of your provider's in-network / out-of-network status with your insurance company, as well as your deductible and co-pay responsibilities. Your provider's relationship is with you and not your insurance company. You are ultimately responsible for the fees regardless of insurance payment or non-payment. After we receive the statement from your insurance company and there is a patient balance, a separate bill will be mailed to you from us.

All balances are due 30 days from the billing statement date. If you are unable to pay the balance left after your insurance has paid, we do accept credit card payment. If you are unable to pay your account in full, listed below is the fee schedule. If you are unable to make payments according to the fee schedule, it is your responsibility to contact our office immediately to make other financial arrangements.

#### **ORIGINAL OUTSTANDING CHARGES**

#### **MINIMUM MONTHLY PAYMENT**

Up to \$100	Payment in Full
\$101.00 to \$300.00	\$50.00 per month
\$301.00 to \$500.00	\$75.00 per month
\$501.00 to \$1000.00	\$100.00 per month
\$1001.00 to \$1500.00	\$150.00 per month
\$1501.00 to \$2000.00	\$200.00 per month
\$2001.00 or above	Paid in 12 months

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**Navigating Life's Obstacles.....Choose LMA**



# LIFE MANAGEMENT ASSOCIATES, LLC

## Financial Policy

Failure to comply with these financial requirements will place your account in default and it may be sent to a collection agency (5) days after default has occurred. *Should it become necessary to send your account to a collection agency, you are responsible for all collection fees incurred in getting your account paid, including any attorney's fees. Should you require future services from any provider at LMA, your collection account plus collection fees must be paid in full prior to scheduling.*

Your signature indicates your understanding and agreement to all of the above.

X \_\_\_\_\_

Client Signature

X \_\_\_\_\_

Date

X \_\_\_\_\_

Representative Signature

X \_\_\_\_\_

Date

Life Management Associates, LLC



# LIFE MANAGEMENT ASSOCIATES, LLC

## INFORMED CONSENT, MENTAL HEALTH AND/OR THERAPY SERVICES

CLIENT NAME(S) \_\_\_\_\_  BUTTE OFFICE  DEER LODGE OFFICE

Welcome to Life Management Associates, LLC. We are pleased that you selected this practice for your mental health and/or therapy services, and we're sincerely looking forward to assisting you. This document is designed to inform you about what you can expect from us, policies regarding confidentiality, emergencies, and several other details regarding your treatment here at Life Management Associates, LLC. Although providing this document is part of an ethical obligation to our profession, more importantly, it is part of our commitment to you, to keep you fully informed of every part of your therapeutic experience. Please know that your relationship with us is a collaborative one, and we welcome any questions, comments, or suggestions regarding your course of mental health and/or therapy services at any time.

### BENEFITS & RISKS OF PSYCHOTHERAPY

Participation in therapy can result in many benefits to you, including improved interpersonal relationships and resolution of the specific concerns that led you to seek therapy. Working toward these benefits requires effort on your part. Psychotherapy requires your active involvement, honesty, and openness to change your thoughts, feelings, and/or behavior. We will ask for your feedback and views on your therapy and its progress. Sometimes more than one approach can be helpful.

During the initial evaluation or the course of therapy, remembering unpleasant events, feelings, or thoughts may result in your experiencing considerable discomfort, strong feelings, anxiety, depression, insomnia, etc. We may challenge some of your assumptions or perceptions or propose different ways of thinking about or handling situations that may cause you to feel upset, angry, or disappointed. Attempting to resolve issues that brought you into therapy may result in changes that were not originally intended. Psychotherapy may result in decisions to change behaviors, employment, substance use, schooling, housing, or relationships. Change can sometimes be quick and easy, but more often it can be gradual and even frustrating. There is no guarantee that psychotherapy will yield positive or intended results.

### TERMINATION AND FOLLOW-UP

Deciding when to stop our work together is meant to be a mutual process. Before we stop, we will discuss how you will know if or when to come back or whether a regularly scheduled "check-in" might work best for you. If it is not possible for you to phase out of mental health and/or therapy services, we recommend that we have closure on the mental health and/or therapy services process with at least one termination session.

Noncompliance with treatment recommendations may necessitate early termination of services. We will look at your issues with you and exercise our educated judgment about what treatment will be in your best interest.

Your responsibility is to make a good faith effort to fulfill the treatment recommendations to which you have agreed. If you have concerns or reservations about our treatment recommendations, we strongly encourage you to express them, so that we can resolve any possible differences or misunderstandings.

If, during our work together, we assess that we are not effective in helping you reach your therapeutic goals, we are obliged to discuss this with you and if appropriate, terminate treatment and give you referrals that may be of help to you. If you request it and authorize it in writing, we may talk to the psychotherapist of your choice (with your permission only) to help with the transition. If at any time you want another professional's opinion or wish to consult with another therapist, we will assist you in finding someone qualified. You have the right to terminate treatment at any time. If you choose to do so, we will offer to provide you with names of other qualified professionals whose services you might prefer.

If you commit violence to, verbally or physically threaten or harass us, the office, or our families, we reserve the right to terminate your treatment unilaterally and immediately. Failure or refusal to pay for services after a reasonable time is another condition for termination of services. Please contact us to make payment arrangements any time your financial situation changes.

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Please initial that you have read this page (for couples, two sets of initials are required) \_\_\_\_\_



# LIFE MANAGEMENT ASSOCIATES, LLC

## INFORMED CONSENT, MENTAL HEALTH AND/OR THERAPY SERVICES

### DUAL RELATIONSHIPS

Mental health and/or therapy services never involve sexual, business, or any other dual relationships that could impair our objectivity, clinical judgment or therapeutic effectiveness or could be exploitive in nature. It is possible that during your treatment, we may become aware of other preexisting relationships that may affect our work together, and we will do our best to resolve these situations ethically, but this may entail our needing to stop working together, depending upon the type of conflict. Please discuss this with us if you have questions or concerns.

### CONFIDENTIALITY & RECORDS

As a mental health and/or therapy services client, you have privileged communication. This means that your relationship with us as a client, all information disclosed in our sessions, and the written and electronic health records of those sessions are confidential and may not be revealed to anyone without your written permission, except where law requires disclosure. Most of the provisions explaining when the law requires disclosure are described in our Notice of Privacy Practices.

**When Disclosure Is Required by Law:** Disclosure is required when there is a reasonable suspicion of child, dependent adult, or elder maltreatment (abuse or neglect), when a client presents a danger to self or to others, or is gravely disabled. If a judge issues a court order for psychotherapy records and/or my testimony, I will be required by law to disclose this information.

**When Disclosure May Be Required:** Disclosure may be required in a legal proceeding. If you place your mental status at issue in litigation that you initiate, the defendant may have the right to obtain your psychotherapy records and/or my testimony. If you have not paid your bill for treatment for a long period of time, your name, payment record, and last known address may be sent to a collection agency or small claims court.

**Couples or Relationship Therapy:** In couples or relationship therapy or when different family members are seen individually, as a part of the couples or family therapy, confidentiality and privilege do not apply between the couple or among family members. Please see our attached, separate No Secrets Policy.

**Emergencies:** If there is an emergency during our work together in which we become concerned about your personal safety, the possibility of you injuring someone else, or about you receiving psychiatric care, we will do whatever we can within the limits of the law to prevent you from injuring yourself or another and to ensure that you receive appropriate medical care. For this purpose, we may contact the Emergency Contact whose name and information you have provided on your Client Questionnaire.

**Health Insurance and Confidentiality of Records:** Your health insurance carrier may require disclosure of confidential information to process claims. Only the minimum necessary information will be communicated to your insurance carrier, including diagnosis, the date and length of our appointments, and what services were provided. Often the billing statement and your company's claim form are sufficient. Sometimes treatment summaries or progress toward goals are also required.

**Confidentiality of E-mail, Voice Mail, and Fax Communication:** E-mail, voice mail, and fax communication can be accessed by unauthorized people, compromising the privacy and confidentiality of such communication. LMA cannot guarantee confidentiality of e-mail, voice mail, and fax communication. If you choose to communicate confidential information with LMA via e-mail, voice mail, and fax communication, LMA will assume that you have made an informed decision and LMA will view it as your agreement to take the risk that e-mail, voice mail, and fax communication may be intercepted.

Life Management Associates, LLC utilizes TherapyNotes, a HIPAA-compliant, web-based mental health practice management program for client scheduling, electronic-medical records, and integrated billing.

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# LIFE MANAGEMENT ASSOCIATES, LLC

## INFORMED CONSENT, MENTAL HEALTH AND/OR THERAPY SERVICES

**Consultation:** We consult regularly with other professionals regarding our clients to provide you with the best possible service. Names or other identifying information are never mentioned; client identity remains completely anonymous and your confidentiality will be fully maintained. If, for some reason, we believe it is important to consult with another professional in-depth, and we believe identifying information about you may be shared, we will have you sign a release of information allowing us to share this information. Without such a release, we will not consult with another professional providing information that might lead another person to be able to identify you.

**Release of Information:** Considering all the above exclusions, upon your request and with your written consent, we may release limited information to any person/agency you specify, unless we conclude that releasing such information might be harmful to you. If we reach that conclusion, we will explain the reason for denying your request.

### TECHNOLOGY STATEMENT

In our ever-changing technological society, there are several ways we could potentially communicate and/or follow each other electronically. It is of utmost importance to us that we maintain your confidentiality, respect boundaries, and ascertain that your relationship with us remains therapeutic and professional. Therefore, Life Management Associates, LLC has developed the following policies:

**Cell phones:** It is important for you to know that cell phones may not be completely secure and confidential. However, we realize that most people have and utilize a cell phone. Your therapist may also use a cell phone to contact you. If this is a concern for any reason, please feel free to discuss this with your therapist.

**Electronic Communications (Email & Text Messages):** We cannot ensure the confidentiality of any form of communication through electronic media, including text messages. You are also advised that any email sent to us via computer in a work-place environment is legally accessible by an employer. If you prefer to communicate via email or text messaging for issues regarding scheduling or cancellations, we will do so. While we may try to return messages in a timely manner, we cannot guarantee immediate response and request that you do not use these methods of communication to discuss therapeutic content and/or request assistance for emergencies.

We are ethically and legally obligated to maintain records of each time we meet, or correspond via electronic communication such as email or text messaging. These records include a brief synopsis of the conversation along with any observations or plans for the next meeting. A judge can order release of your records for a variety of reasons, and if this happens, we must comply.

**Social Networking:** It is our policy not to accept friend or contact requests from current or former clients on any social networking site (Facebook, LinkedIn, etc.). We believe that adding clients as friends or contacts on these sites can compromise your confidentiality and our respective privacy. It may also blur the boundaries of our therapeutic relationship. You are welcome to follow Life Management Associates, LLC Facebook site. However, please do so only if you are comfortable with the public knowing your name is attached to Life Management Associates, LLC. If you have questions about this, please bring them up when we meet and we can talk more about it.

**Internet Searches:** While our present or potential clients might conduct online searches about the practice and/or us, we do not search my clients with Google, Facebook, or other search engines unless there is a clinical need to do so, as in the case of a crisis or to assure your physical wellbeing. If clients ask us to conduct such searches or review their websites or profiles and we deem that it might be helpful, we will consider it on a case by case basis and only after discussing possible impacts to our professional relationship and your privacy.

In summary, technology is constantly changing, and there are implications to all the above that we may not realize now. Please feel free to ask questions and know that we are open to any feelings or thoughts you have about these and other modalities of communication.

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# LIFE MANAGEMENT ASSOCIATES, LLC

## INFORMED CONSENT, MENTAL HEALTH AND/OR THERAPY SERVICES

### MENTAL HEALTH EMERGENCIES

We are outpatient therapists, and we are set up to accommodate individuals who are reasonably safe and resourceful. We do not carry beepers, nor are we available always. If at any time this does not feel like sufficient support, please inform us, and we can discuss additional resources or transfer your case to a therapist or clinic with 24-hour availability. Generally, we will return phone calls within 24-48 hours. If you have a mental health emergency, we urge you NOT to wait for a call back, but to do one or more of the following:

- Call 911.
- Call St. James Healthcare at (406) 723-2500 or Western Montana Mental Health's Crisis Hotline at (406) 497-9069.
- Go to your nearest emergency room.

We are requesting and consenting to the following services:

- Mental health evaluation, interpretation of results, & preparation of reports
- Counseling/Psychotherapy (individual, couples, family, or group)
- Substance abuse/addiction evaluation and interpretation of results
- Family systems evaluation, interpretation of results, & preparation of reports
- Child custody evaluation, interpretation of results, & preparation of reports
- GAL, guardian ad litem services
- Other services: \_\_\_\_\_

*If you have any questions about any part of this document, please ask. Please sign and date below indicating that you have read and understand the contents of this form, that you agree to the policies of your relationship with us, and that you consent to the professional services of Life Management Associates, LLC.*

_____	____/____/____
Client Signature	Date
_____	____/____/____
Client/Partner Signature	Date
_____	____/____/____
Parent/Legal Guardian Signature mandatory <i>if client is a minor</i>	Date
_____	____/____/____
Therapist/Representative of Life Management Associates, LLC	Date

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# LIFE MANAGEMENT ASSOCIATES, LLC

## INFORMED CONSENT, MENTAL HEALTH AND/OR THERAPY SERVICES

### **NO SECRETS POLICY: (If you are participating in individual treatment, you do not need to complete this section)**

This written policy is intended to inform you, the participants in therapy, that when we/Life Management Associates, LLC, and the therapist agree to treat a couple or a family, we consider that couple or family (the treatment unit) to be the patient. For instance, if there is a request for the treatment records of the couple or the family, we will seek the authorization of all members of the treatment unit before we release confidential information to third parties. Also, if our records are subpoenaed, we will assert the psychotherapist-patient privilege on behalf of the patient (treatment unit). A judge may issue a court order that would override this psychotherapist-patient privilege in some cases.

During our work with a couple or a family, we may see a smaller part of the treatment unit (i.e., an individual or two siblings) for one or more sessions. These sessions should be seen by you as a part of the work that we are doing with the family or the couple, unless otherwise indicated. If you are involved in one or more of such sessions with us, please understand that generally these sessions are confidential in the sense that we will not release any confidential information to a third party unless we are required by law to do so or unless we have your written authorization. In fact, since those sessions can and should be considered a part of the treatment of the couple or family, we would also seek the authorization of the other individuals in the treatment unit before releasing confidential information to a third party.

However, we may need to share information learned in an individual session (or a session with only a portion of the treatment unit being present) with the entire treatment unit – that is, the family or the couple, if we are to effectively serve the unit being treated. We will use our best judgment as to whether, when, and to what extent we will make disclosures to the treatment unit and will also, if appropriate, first give the individual or the smaller part of the treatment unit being seen, the opportunity to make the disclosure. Thus, if you feel it necessary to talk about matters that you absolutely want to be shared with no one, you might want to consult with an individual therapist who can treat you individually.

This “no secrets” policy is intended to allow the therapist to continue to treat the couple or family by preventing, to the extent possible, a conflict of interest to arise where an individual’s interests may not be consistent with the interests of the unit being treated. For instance, information learned during an individual session may be relevant or even essential to the proper treatment of the couple or the family. If we are not free to exercise our clinical judgment regarding the need to bring this information to the family or the couple during their therapy, we might be placed in a situation where we will have to terminate treatment of the couple or the family. This policy is intended to prevent the need for such a termination.

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# LIFE MANAGEMENT ASSOCIATES, LLC

## INFORMED CONSENT, MENTAL HEALTH AND/OR THERAPY SERVICES

### PARTICIPATING FAMILY MEMBERS

\_\_\_\_\_  
Name *please print*

\_\_\_\_\_  
Name *please print*

\_\_\_\_\_  
Name *please print*

\_\_\_\_\_  
Name *please print*

\_\_\_\_\_  
Name *please print*

\_\_\_\_\_  
Name *please print*

\_\_\_\_\_  
Name *please print*

\_\_\_\_\_  
Name *please print*

We, the members of the couple/family/other unit being seen, acknowledge by our signatures below, that each of us has read this policy, that we understand it, that we have had an opportunity to discuss its contents with the therapist or representative of Life Management Associates, LLC, and that we enter couple/family therapy in agreement with this policy.

\_\_\_\_\_  
Client Signature

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date

\_\_\_\_\_  
Client Signature

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Legal Guardian Signature *mandatory if client is a minor*

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date

\_\_\_\_\_  
Therapist/Representative of Life Management Associates, LLC

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date

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# LIFE MANAGEMENT ASSOCIATES, LLC

Informed Consent for Telehealth Services and Financial Agreement

Client(s) Printed Names: \_\_\_\_\_

## **Definition of Telehealth:**

Telehealth involves the use of electronic communications to enable Life Management Associates, LLC clinicians to connect with individuals using live interactive video and audio communications. Telehealth includes the practice of mental health and substance abuse services delivery, diagnosis, consultation, treatment, referral to resources, education, and the transfer of medical and clinical data.

I, the client, or parent/legal guardian of a minor child/children, understand that the client has the following rights with respect to telehealth:

1. The laws that protect the confidentiality of my personal information that the client has already signed also apply to telehealth. A copy of our Office Policies and Therapeutic Informed Consent can be provided.
2. The client has the right to withhold or withdraw consent to the use of telehealth during care at any time, without affecting the right to future care or treatment.
3. There are risks and consequences from telehealth, including, but not limited to, the possibility, despite reasonable efforts on the part of the clinicians, that: the transmission of personal information could be disrupted or distorted by technical failures, the transmission of personal information could be interrupted by unauthorized persons, and/or the electronic storage of personal information could be unintentionally lost or accessed by unauthorized persons. Life Management Associates, LLC utilizes secure, encrypted HIPAA compliant audio/video transmission software to deliver telehealth via a platform chosen by Life Management Associates, LLC.
4. By signing this document, the client agrees that certain situations, including emergencies and crises, are inappropriate for audio-/video-/computer-based psychotherapy services. If the client is in crisis or in an emergency, the client understands that he/she should immediately call the National Suicide Prevention Lifeline 1-800-273-8255 or 9-1-1 or seek help from a hospital or crisis-oriented health care facility in the immediate area, such as Western Montana Mental Health Services, 1-406-563-3413.

## **Payment for Telehealth Services:**

Life Management Associates, LLC will bill insurance for telehealth services when these services have been determined to be covered by an individual's insurance plan. The standard copay and/or deductibles would apply. If insurance does not cover telehealth, I, the client agrees to pay out-of-pocket. I, the client understands as stated in the financial agreement with Life Management Associates, LLC that I, the client will be held financially responsible for any services provided to me, the client.

## **Financial Agreement:**

To make sure we are operating on the same agreement regarding sessions, we have defined the following guidelines. Once you have agreed upon an appointment time, you are responsible for that time. If you foresee that you cannot keep the appointment time, you will need to give us at least a 24-hour cancellation notice or you will be charged for the time. Medical emergencies are acceptable for short notice (please call our office at (406) 782-4778 and leave a message if you have a medical emergency cancellation).

Insurance coverage is a contract between you and your insurance company. It is your responsibility to know and understand the limitations on your plan's coverage. In some cases, we may be a party to this contract. Please ask if we are a participating member with your insurance plan. If we are not, reduced benefits, in addition to deductibles and copays may apply. We will handle your claim according to our agreement with your insurance company. You



# LIFE MANAGEMENT ASSOCIATES, LLC

Informed Consent for Telehealth Services and Financial Agreement

must notify us of any changes in your coverage within 15 days of the change. We will not become involved in disputes between you and your insurance company (i.e., deductibles, co-payments, coverage changes, secondary insurance) other than to supply information as necessary. You are responsible for all non-contractual fees unpaid by your insurance company.

**Authorization & Insurance Company Release of Information:**

I/We hereby authorize Life Management Associates, LLC to disclose to my/our insurance company(s), only the following information: patient name, date(s) of service, service(s) provided, and diagnosis, to be used for the purpose of insurance evaluation and reimbursement, unless otherwise specified in a separate authorization to disclose additional clinical information.

This information will be disclosed to the insurance company from records whose confidentiality is protected by Montana and/or federal law. These regulations prohibit the insurance company from making any further disclosure of this information without prior written consent. I/We understand that I/we have no obligation whatsoever to disclose any information from my/our record. I/We understand that I/we may revoke this consent at any time by notifying Life Management Associates, LLC in writing and/or by specifying an event or condition upon which my/our consent will expire without revocation. I/We have read or had this form read and explained to me and I/we understand its contents.

I/We have read the above and fully understand the importance of this relationship. I/We have reviewed the terms in the document and agree to abide by the terms as outlined for services provided by Life Management Associates, LLC. With my/our signature I/we give my/our consent to Life Management Associates, LLC, to provide the necessary information for any and all billing of the services rendered.

**Patient Consent to the Use of Telehealth and Financial Agreement:**

I have read and understand the information provided above regarding telehealth, have discussed it with my clinician, and all my questions have been answered to my satisfaction. I have read this document carefully and understand the risks and benefits related to the use of telehealth services and have had my questions regarding the procedure explained.

I hereby give my informed consent to participate in the use of telehealth services for treatment under the terms described herein. By my signature below, I hereby state that I have read, understood, and agree to the terms of this document.

I am providing verbal consent to the representative of Life Management Associates, LLC on this date: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_, in lieu of my signature, due to special circumstances. I will provide my legal signature to this document, upon my first availability. \_\_\_\_\_ Initials of Life Management Associates, LLC, Representative.

\_\_\_\_\_  
Client Signature(s)

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date

\_\_\_\_\_  
Client Signature(s)

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Legal Guardian Signature (Mandatory If Client Is A Minor)

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date

\_\_\_\_\_  
Representative of Life Management Associates, LLC

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date



# LIFE MANAGEMENT ASSOCIATES, LLC

## NEW CLIENT QUESTIONNAIRE

**INSTRUCTIONS:** Please answer these questions to help assist us in understanding the client's needs and concerns. If you need additional space to answer any question, please feel free to add additional sheets of paper. If you retain any documents concerning prior treatment, testing, reports, etc. please attach those to this new client questionnaire. When we agree to treat a couple or a family, we consider that couple or family to be the client. We would like each individual included in individual, and couple therapy to complete this form prior to the intake appointment, so that the therapist has background information on all participants. For the purpose of family therapy, we may require new client questionnaires on each individual family member.

### Sources of Data Provided Below

- Client self-report for all       Client's parent/guardian       A variety of sources: \_\_\_\_\_

Please check the category below that best matches the client's treatment request.

- Individual Adult Issues       Mental Health Evaluation  
 Child/Adolescent Issues       Substance Abuse/Addiction Evaluation  
 Couple/Marriage Issues       GAL, Guardian Ad Litem Services  
 Family Issues

### CLIENT INFORMATION

Client Name (First) \_\_\_\_\_ (MI) \_\_\_\_\_ (Last) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone #s (Hm) (\_\_\_\_) \_\_\_\_\_ (Wk) (\_\_\_\_) \_\_\_\_\_ (Cell) (\_\_\_\_) \_\_\_\_\_

Email \_\_\_\_\_

Age \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Ethnicity:  Asian  African-American  Native American  White/Caucasian  Other, specify \_\_\_\_\_

Marital Status:  Single - Never Married  Engaged  Married  Divorced  Separated  Widowed  Live in Partner

Sex: F  M  Who was the client referred by? \_\_\_\_\_

**EMERGENCY CONTACT:** Name: (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (MI) \_\_\_\_\_

Release Signed? Yes:  No:  , if other than parent/legal guardian.

Cell #: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Home #: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Work #: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Relationship: Spouse  Parent/Legal Guardian  Other  specify \_\_\_\_\_

600 Dewey Blvd., Suite B • Butte, MT 59701 • 509 Main St., Deer Lodge, MT 59722  
Phone: 406-782-4778 • Fax: 406-782-1318



# LIFE MANAGEMENT ASSOCIATES, LLC

## NEW CLIENT QUESTIONNAIRE

### Cultural/spiritual/religious history

Describe the client's cultural identity (e.g., religion, nationality, family traditions, etc.)

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Describe any cultural/spiritual/religious issues that contribute to current problem and/or should be taken into account during treatment

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- currently active in community/recreational activities?
- formerly active in community/recreational activities?
- currently engage in hobbies?
- currently participate in spiritual activities?

If answered "yes" to any of above, describe

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### PARTNER OR PARENT/LEGAL GUARDIAN INFORMATION

If minor is in state custody, the state representative must complete the appropriate questions within this section.

Name (First) \_\_\_\_\_ (MI) \_\_\_\_\_ (Last) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone #s (Hm) (\_\_\_\_) \_\_\_\_\_ (Wk) (\_\_\_\_) \_\_\_\_\_ (Cell) (\_\_\_\_) \_\_\_\_\_

Marital Status,  Single– Never Married  Engaged  Married  Divorced  Separated  Live in Partner  Widowed

Sex: F  M  Age \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Relationship: Spouse  Parent/Legal Guardian  Other  *specify* \_\_\_\_\_

### OTHER PARTICIPATING FAMILY MEMBERS (List Names and Age)

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# LIFE MANAGEMENT ASSOCIATES, LLC

## NEW CLIENT QUESTIONNAIRE

### Presenting Problems

Primary

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Secondary

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### Current Symptom Checklist (Rate intensity of symptoms currently present)

**Mild** = Impacts quality of life, but no significant impairment of day-to-day functioning

**Moderate** = Significant impact on quality of life and/or day-to-day functioning

**Severe** = Profound impact on quality of life and/or day-to-day functioning

<u>Symptom</u>	<u>Impact</u>				<u>Symptom</u>	<u>Impact</u>			
	None	Mild	Moderate	Severe		None	Mild	Moderate	Severe
Aggressive Behaviors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Laxative/Diuretic Abuse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Agitation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Loose Associations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Anorexia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Mood Swings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Appetite Disturbance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Obsessions/Compulsions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bingeing/Purging	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Oppositional Behavior	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Circumstantial Symptoms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Panic Attacks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Concomitant Medical Condition	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Paranoid Ideation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Conduct Problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Phobias	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Delusions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Physical Trauma Perpetrator	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Depressed Mood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Physical Trauma Victim	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dissociative States	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Poor Concentration	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Elevated Mood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Poor Grooming	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Elimination Disturbance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Psychomotor Retardation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Emotional Trauma Perpetrator	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Self-Mutilation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Emotional Trauma Victim	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sexual Dysfunction	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Emotionality	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sexual Trauma Perpetrator	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fatigue/Low Energy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sexual Trauma Victim	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Generalized Anxiety	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Significant Weight Gain/Loss	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Grief	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sleep Disturbance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Guilt	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Social Isolation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hallucinations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Somatic Complaints	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hopelessness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Substance Abuse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hyperactivity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Worthlessness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Irritability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



# LIFE MANAGEMENT ASSOCIATES, LLC

## NEW CLIENT QUESTIONNAIRE

Explanation onset, duration and frequency for any of the symptoms that you have listed above:

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### Client Emotional/Psychiatric History

Client, Prior outpatient psychotherapy?

No Yes If yes, on \_\_\_ occasions. Longest treatment by \_\_\_\_\_ for \_\_\_ sessions from \_\_\_/\_\_\_ to \_\_\_/\_\_\_  
Provider Name Month/Year Month/Year

<u>Prior provider name</u>	<u>City</u>	<u>State</u>	<u>Diagnosis</u>	<u>Intervention/Modality</u>	<u>Beneficial?</u>
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

Client, Prior inpatient treatment for a psychiatric, emotional, or substance use disorder?

No Yes If yes, on \_\_\_ occasions. Longest treatment at \_\_\_\_\_ from \_\_\_/\_\_\_ to \_\_\_/\_\_\_  
Name of facility Month/Year Month/Year

<u>Inpatient facility name</u>	<u>City</u>	<u>State</u>	<u>Diagnosis</u>	<u>Intervention/Modality</u>	<u>Beneficial?</u>
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

Has the client had suicidal ideation and/or attempts? If yes, explain suicidal ideation and/or attempts

No Yes

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# LIFE MANAGEMENT ASSOCIATES, LLC

## NEW CLIENT QUESTIONNAIRE

**Has the client experienced a traumatic event?**  
No Yes If yes, the traumatic event occurred on \_\_\_\_/\_\_\_\_  
Month/Year

Please describe what occurred during the traumatic event \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Has the client been previously treated for the traumatic event?**  
No Yes If yes, on \_\_\_\_occasions. Longest treatment by \_\_\_\_\_ from \_\_\_\_/\_\_\_\_/\_\_\_\_ to \_\_\_\_/\_\_\_\_/\_\_\_\_  
Name of Provider Month/Year Month/Year

### Family Emotional/Psychiatric/Substance Abuse History

**Does any family member have a history of mental illness and or substance abuse? If yes, list all**  
No Yes

<u>Name and relationship to client</u>	<u>Diagnosis</u>	<u>Treatment</u> (e.g., outpatient psychotherapy, inpatient, medication, none)
_____	_____	_____
_____	_____	_____

#### Family alcohol/drug abuse history

- father
- mother
- grandparent(s)
- sibling(s)
- other \_\_\_\_\_
- stepparent/live-in
- uncle(s)/aunt(s)
- spouse/significant other
- children

**Any other relevant family emotional/psychiatric/substance abuse information, please explain:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



# LIFE MANAGEMENT ASSOCIATES, LLC

## NEW CLIENT QUESTIONNAIRE

### Medical History (check all that apply for client)

Describe the client's current physical health  Good  Fair  Poor

description if relevant: \_\_\_\_\_

### List name of primary care physician for the client

Name \_\_\_\_\_ Phone \_\_\_\_\_

### List name of psychiatrist for the client (if any):

Name \_\_\_\_\_ Phone \_\_\_\_\_

### Is there a history of any of the following in the family

- tuberculosis
- heart disease
- birth defects
- high blood pressure
- emotional problems
- alcoholism
- behavior problems
- drug abuse
- thyroid problems
- diabetes
- cancer
- Alzheimer's disease/dementia
- mental retardation
- stroke
- other chronic or serious health problems \_\_\_\_\_

### List any known allergies for the client

### Describe any serious hospitalization or accidents for the client

### List any abnormal lab test results for the client

<u>Year</u>	<u>Age</u>	<u>Reason</u>	<u>Year</u>	<u>Result</u>
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____



# LIFE MANAGEMENT ASSOCIATES, LLC

## NEW CLIENT QUESTIONNAIRE

**Clients Sexual history**

- heterosexual orientation
- homosexual orientation
- bisexual orientation
- transgender
- other \_\_\_\_\_
- currently sexually active
- currently sexually satisfied
- currently sexually dissatisfied

age first sex experience \_\_\_\_\_  
 age first pregnancy/fatherhood \_\_\_\_\_  
 history of promiscuity age \_\_\_\_\_ to \_\_\_\_\_  
 history of unsafe sex age \_\_\_\_\_ to \_\_\_\_\_

**Any additional information pertaining to the clients sexual history, including abuse, assault or perpetrating**

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**Client Mental Health and Other Prescribed Medications**

**Prior or current mental health medication usage? If yes, list below**  
 No Yes

<u>Medication</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Start Date</u>	<u>End Date</u>	<u>Physician</u>
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

**List any other medications currently being taken (give reason, including other prescribed medication and over-the-counter)**

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**Please provide any other relevant information, or adverse side effects concerning the use of medications:**

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# LIFE MANAGEMENT ASSOCIATES, LLC

## NEW CLIENT QUESTIONNAIRE

### Substance Use History (check all that apply for client)

**Client Substance use status**

- no history of abuse
- active abuse
- early full remission
- early partial remission
- sustained full remission
- sustained partial remission

**Client Treatment history**

- Outpatient (age[s]) \_\_\_\_\_
- Inpatient (age[s]) \_\_\_\_\_
- 12-step program (age[s]) \_\_\_\_\_
- stopped on own (age[s]) \_\_\_\_\_
- other (age[s]) \_\_\_\_\_

<b><u>Client Substances used</u></b>	<b><u>First use age</u></b>	<b><u>Last use age</u></b>	<b><u>Current Use</u></b>	<b><u>Frequency</u></b>	<b><u>Amount</u></b>
<input type="checkbox"/> alcohol	_____	_____	<input type="checkbox"/>	_____	_____
<input type="checkbox"/> amphetamines/speed	_____	_____	<input type="checkbox"/>	_____	_____
<input type="checkbox"/> barbiturates/owners	_____	_____	<input type="checkbox"/>	_____	_____
<input type="checkbox"/> cocaine	_____	_____	<input type="checkbox"/>	_____	_____
<input type="checkbox"/> crack cocaine	_____	_____	<input type="checkbox"/>	_____	_____
<input type="checkbox"/> hallucinogens (e.g., LSD)	_____	_____	<input type="checkbox"/>	_____	_____
<input type="checkbox"/> inhalants (e.g., glue, gas)	_____	_____	<input type="checkbox"/>	_____	_____
<input type="checkbox"/> marijuana or hashish	_____	_____	<input type="checkbox"/>	_____	_____
<input type="checkbox"/> opioids	_____	_____	<input type="checkbox"/>	_____	_____
<input type="checkbox"/> PCP	_____	_____	<input type="checkbox"/>	_____	_____
<input type="checkbox"/> prescription	_____	_____	<input type="checkbox"/>	_____	_____
<input type="checkbox"/> other	_____	_____	<input type="checkbox"/>	_____	_____

**Consequences of substance abuse**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> hangovers           | <input type="checkbox"/> medical conditions               | <input type="checkbox"/> suicide attempts          |
| <input type="checkbox"/> seizures            | <input type="checkbox"/> Increase in tolerance            | <input type="checkbox"/> suicidal impulse/thoughts |
| <input type="checkbox"/> blackouts           | <input type="checkbox"/> loss of control over amount used | <input type="checkbox"/> relationship conflicts    |
| <input type="checkbox"/> Accidental overdose | <input type="checkbox"/> job loss                         | <input type="checkbox"/> arrests                   |
| <input type="checkbox"/> binges              | <input type="checkbox"/> sleep disturbance                |  |
| <input type="checkbox"/> withdrawal symptoms | <input type="checkbox"/> assaults                         |  |
| <input type="checkbox"/> other _____         |   |  |



# LIFE MANAGEMENT ASSOCIATES, LLC

## NEW CLIENT QUESTIONNAIRE

### Client Family History

#### Client Family of Origin

##### Present during childhood

	Present entire childhood	Present part of childhood	Not Present at all
mother	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
father	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
stepmother	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
stepfather	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
brother(s)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
sister(s)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

##### Client's Parents' current marital status

- married to each other
- separated for \_\_\_\_ years
- divorced for \_\_\_\_ years
- mother remarried \_\_\_\_ times
- father remarried \_\_\_\_ times
- mother involved with someone
- father involved with someone
- mother deceased for \_\_\_\_ years  
age of client at mother's death \_\_\_\_
- father deceased for \_\_\_\_ years  
age of client at father's death \_\_\_\_

##### Describe childhood family experience for the client

- outstanding home environment
- normal home environment
- chaotic home environment
- witnessed physical/verbal/sexual abuse toward others
- experienced physical/verbal/sexual abuse from others

Client age of emancipation from home: \_\_\_\_\_, reason: \_\_\_\_\_

Client special circumstances in childhood [anything you believe is relevant about your childhood history]

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# LIFE MANAGEMENT ASSOCIATES, LLC

## NEW CLIENT QUESTIONNAIRE

### Client Immediate Family

#### Client marital status

- single, never married
- engaged \_\_\_\_\_ months
- married for \_\_\_\_ years
- divorced for \_\_\_\_ years
- separated for \_\_\_\_ years
- divorce in process \_\_\_\_\_ months
- spouse/partner deceased for \_\_\_\_ years
- live-in for \_\_\_\_\_ years
- \_\_\_\_\_ prior marriages (self)
- \_\_\_\_\_ prior marriages (partner)

#### Client relationship satisfaction

- very satisfied with relationship
- satisfied with relationship
- somewhat satisfied with relationship
- dissatisfied with relationship
- very dissatisfied with relationship

### List all persons currently living in client's household

<u>Name</u>	<u>Age</u>	<u>Sex</u>	<u>Relationship to Client</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

### List biological/adopted children not living in same household as patient

<u>Name</u>	<u>Age</u>	<u>Sex</u>	<u>Relationship to Client</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Describe any past or current significant issues in intimate relationships, the client may have: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



# LIFE MANAGEMENT ASSOCIATES, LLC

## NEW CLIENT QUESTIONNAIRE

### Client Socio-Economic History (check all that apply)

**Living situation**

- housing adequate
- homeless
- housing overcrowded
- dependent on others for housing
- housing dangerous/deteriorating
- living companions dysfunctional

**Social support system**

- supportive network
- few friends
- substance-use-based friends
- no friends
- distant from family of origin

**Military**

- never in military
- served in military - no incident
- served in military - with incident

### Client Developmental History (check all that apply for the client)

**Client problems during mother's pregnancy**

- none
- high blood pressure
- kidney infection
- German measles
- emotional stress
- bleeding
- alcohol use
- drug use
- cigarette use
- other

**Client birth**

- normal delivery
- difficult delivery
- cesarean delivery
- complications

\_\_\_\_\_

\_\_\_\_\_

birth weight \_\_\_\_\_ lbs. \_\_\_\_\_ oz.

**Client infancy problems**

- none
- feeding problems
- sleep problems
- toilet training problems

**Client delayed developmental milestones (check only those milestones that did not occur at expected age):**

- |  |  |
|--|--|
| <input type="checkbox"/> sitting             | <input type="checkbox"/> controlling bowels    |
| <input type="checkbox"/> rolling over        | <input type="checkbox"/> sleeping alone        |
| <input type="checkbox"/> standing            | <input type="checkbox"/> dressing self         |
| <input type="checkbox"/> walking             | <input type="checkbox"/> engaging peers        |
| <input type="checkbox"/> feeding self        | <input type="checkbox"/> tolerating separation |
| <input type="checkbox"/> speaking words      | <input type="checkbox"/> playing cooperatively |
| <input type="checkbox"/> speaking sentences  | <input type="checkbox"/> riding tricycle       |
| <input type="checkbox"/> controlling bladder | <input type="checkbox"/> riding bicycle        |
| <input type="checkbox"/> other _____         |  |



LMA

# LIFE MANAGEMENT ASSOCIATES, LLC

## NEW CLIENT QUESTIONNAIRE

**Client emotional / behavior problems during childhood (check all that apply):**

- none
- drug use
- alcohol abuse
- chronic lying
- stealing
- violent temper
- fire-setting
- hyperactive
- animal cruelty
- assaults others
- disobedient
- other \_\_\_\_\_
- repeats words of others
- not trustworthy
- hostile/angry mood
- indecisive
- immature
- bizarre behavior
- self-injurious threats
- frequently tearful
- lack of attachment
- distrustful
- extreme worrier
- self-injurious acts
- impulsive
- easily distracted
- poor concentration
- often sad
- breaks things in anger
- Withdraws/avoids interactions with others

**Client social interaction during childhood (check all that apply)**

- normal social interaction
- isolates self
- very shy
- alienates self
- other \_\_\_\_\_
- inappropriate sex play
- dominates others
- associates with acting-out peers

**Client intellectual / academic functioning**

- normal intelligence
- high intelligence
- learning problems
- authority conflicts
- attention problems
- underachieving
- mild retardation
- moderate retardation
- severe retardation

Client's current or highest education level \_\_\_\_\_

Describe any other developmental [physical, emotional, behavioral, social, intellectual or academic] problems or issues, the client may have had during childhood.

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# LIFE MANAGEMENT ASSOCIATES, LLC

## NEW CLIENT QUESTIONNAIRE

### Client Employment

- employed and satisfied
- employed but dissatisfied
- Employed full time
- Employed part time
- Disabled:  
\_\_\_\_\_

### Current Occupation

\_\_\_\_\_

### Current Employer

\_\_\_\_\_

### Location

\_\_\_\_\_

### Client Financial Situation

- no current financial problems
- large indebtedness
- poverty or below-poverty income
- impulsive spending
- relationship conflicts over finances

- Coworker conflicts
- Supervisor conflicts
- Unstable work history

### Client Legal History

- no legal problems
- now on parole/probation
- arrest(s) not substance-related
- arrest(s) substance-related
- court ordered this treatment
- jail/prison \_\_\_\_\_ time(s)  
total time served: \_\_\_\_\_

### Describe Any Client Legal Difficulties

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



# LIFE MANAGEMENT ASSOCIATES, LLC

## NEW CLIENT QUESTIONNAIRE

**Strengths:** The client exhibits the following strengths, check all that apply?

- |  |  |
|--|--|
| <input type="checkbox"/> Accepts Guidance/Feedback | <input type="checkbox"/> Motivated for Change      |
| <input type="checkbox"/> Calm                      | <input type="checkbox"/> Physically Healthy        |
| <input type="checkbox"/> Capable of Independence   | <input type="checkbox"/> Positive Support Network  |
| <input type="checkbox"/> Clear Thinking            | <input type="checkbox"/> Reasonable Judgment       |
| <input type="checkbox"/> Confident                 | <input type="checkbox"/> Reliable                  |
| <input type="checkbox"/> Cooperative               | <input type="checkbox"/> Responsible               |
| <input type="checkbox"/> Expressive/Articulate     | <input type="checkbox"/> Sociable                  |
| <input type="checkbox"/> Good Personal Care Habits | <input type="checkbox"/> Stable Living Environment |
| <input type="checkbox"/> Insightful                | <input type="checkbox"/> Stable Work History       |
| <input type="checkbox"/> Integrated Moral Values   | <input type="checkbox"/> Supportive Family         |
| <input type="checkbox"/> Intelligent               | <input type="checkbox"/> Varied Interests          |

Other *explain*: \_\_\_\_\_

**Limitations:** The client exhibits the following limitations, check all that apply?

- |  |  |
|--|--|
| <input type="checkbox"/> Aggressive            | <input type="checkbox"/> Lacks Moral/Ethical Values  |
| <input type="checkbox"/> Chaotic Living        | <input type="checkbox"/> Lacks Social Skills         |
| <input type="checkbox"/> Concrete Thinking     | <input type="checkbox"/> Needs Close Supervision     |
| <input type="checkbox"/> Defensive             | <input type="checkbox"/> Negative Peer Group         |
| <input type="checkbox"/> Demanding             | <input type="checkbox"/> No Support Network          |
| <input type="checkbox"/> Dependent             | <input type="checkbox"/> Non-Supportive Family       |
| <input type="checkbox"/> Distrustful           | <input type="checkbox"/> Not Motivated to Change     |
| <input type="checkbox"/> Easily Distracted     | <input type="checkbox"/> Not Open/Articulate         |
| <input type="checkbox"/> Hostile               | <input type="checkbox"/> Poor Health                 |
| <input type="checkbox"/> Illiterate            | <input type="checkbox"/> Poor Hygiene/Grooming       |
| <input type="checkbox"/> Impulsive             | <input type="checkbox"/> Poor Judgment               |
| <input type="checkbox"/> Indecisive            | <input type="checkbox"/> Unreliable                  |
| <input type="checkbox"/> Intellectual Deficits | <input type="checkbox"/> Unstable Employment History |
| <input type="checkbox"/> Irresponsible         | <input type="checkbox"/> Very Narrow Interests       |
| <input type="checkbox"/> Lacks Insight         |  |

Other *explain*: \_\_\_\_\_



# LIFE MANAGEMENT ASSOCIATES, LLC

## NEW CLIENT QUESTIONNAIRE

Does the client have any additional issues or concerns not previously identified by any of the prior questions?

*If so, please explain below:*

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# LIFE MANAGEMENT ASSOCIATES, LLC

## NEW CLIENT QUESTIONNAIRE

**Confidentiality of E-mail, Voice Mail, and Fax Communication:** E-mail, voice mail, and fax communication can be accessed by unauthorized people, compromising the privacy and confidentiality of such communication. LMA cannot guarantee confidentiality of e-mail, voice mail, and fax communication. If you choose to communicate confidential information with LMA via e-mail, voice mail, and fax communication, LMA will assume that you have made an informed decision and LMA will view it as your agreement to take the risk that e-mail, voice mail, and fax communication may be intercepted.

Understanding the above information, please indicate your communication preferences.

OK to send mail?	Yes <input type="checkbox"/> No <input type="checkbox"/>	OK to send email?	Yes <input type="checkbox"/> No <input type="checkbox"/>
OK to call cell?	Yes <input type="checkbox"/> No <input type="checkbox"/>	OK to leave voicemail message on cell?	Yes <input type="checkbox"/> No <input type="checkbox"/>
OK to call home?	Yes <input type="checkbox"/> No <input type="checkbox"/>	OK to leave voicemail message at home?	Yes <input type="checkbox"/> No <input type="checkbox"/>
OK to call work?	Yes <input type="checkbox"/> No <input type="checkbox"/>	OK to leave voicemail message at work?	Yes <input type="checkbox"/> No <input type="checkbox"/>
OK to text cell?	Yes <input type="checkbox"/> No <input type="checkbox"/>		

### CONSENT TO THE FOLLOWING SERVICES

The client/parent/legal guardian requests and consents to the following services:

- Mental Health Evaluation, Interpretation Of Results, & Preparation Of Reports
- Counseling/Psychotherapy (Individual, Couples, Family, Or Group)
- Family Systems Evaluation, Interpretation Of Results, & Preparation Of Reports
- Substance Abuse/Addiction Evaluation And Interpretation Of Results
- GAL, Guardian Ad Litem Services
- Other services: \_\_\_\_\_

I attest that the information provided in or attached to this questionnaire is complete, accurate, and true to the best of my knowledge.

\_\_\_\_\_  
Client Signature

\_\_\_\_/\_\_\_\_/\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Legal Guardian Signature [mandatory if client is a minor]

\_\_\_\_/\_\_\_\_/\_\_\_\_  
Date

\_\_\_\_\_  
Therapist/Representative of Life Management Associates, LLC

\_\_\_\_/\_\_\_\_/\_\_\_\_  
Date